

RAVE Training Descriptions

1. Defining Caring Relationships - Students learn to identify what is most important in a dating relationship and how each person should be treated. At the same time, students are challenged to look past the physical and instead focus on their partner's inner qualities.
2. Defining Dating Abuse - Students gain clear understanding of what relationship abuse is, how to identify it, and what steps they can take if they, or someone they know, become encounter it.
3. Why Do People Abuse? - Students discover the motives that drive an individual to abuse a dating partner. From there, they learn why a victim of abuse chooses to remain in a relationship.
4. How To Help Friends - Students are taught to recognize the warning signs of a friend caught in an abusive relationship and what steps they should take resolve the issue. They also made aware of the many local resources available to support them.
5. Media's Impact On Gender Stereotyping - Students learn how various media messages impact dating relationships, and how they can influence violence in our society.
6. Digital Drama -Students gain insight into how technology impacts dating. Discussions focus on textual harassment, sexting, privacy problems, digital cruelty, and effective communication.
7. Sexual Harassment - Teens learn to define and identify sexual harassment and talk about how it makes them feel. They are then guided on how to develop proper responses.
8. Sexual Assault - Students learn what sexual assault is (including the legal definitions in the State of Michigan), what resources are available for victims, as well as prevention techniques that can help prevent them from becoming a victim.
9. Communication: How We Feel/How We Deal - Students learn how to communicate effectively and assertively with a dating partner so that their values and boundaries can be made known. They also discover conflict resolution skills that can help them avoid a dangerous situation.